

## Consent to *SAAT* (Soliman's Auricular Allergy Treatment) Treatment

### **Treatment Description**

*SAAT* (Soliman's Auricular Allergy Treatment) is a specialized form of allergy treatment through the ear micro system whereby Aspire Health Options LLC uses auricular medicine to determine a point in the ear that corresponds to a specific allergen. A sterile, single-use Spinex needle is then inserted transdermally in the allergen point in the right ear by a state licensed acupuncturist. The needle should be left in place for approximately three weeks.

### **Voluntary**

I hereby voluntarily consent to be treated in the *SAAT* protocol. I understand I will be treated with a small semi-permanent needle/needles (taped in my ears) that should be left in the ear for approximately three weeks. I have not been guaranteed any success concerning the uses and effects of *SAAT* treatment. I understand I am free to discontinue treatment at any time.

### **Possible Side Effects/Healing Reactions**

I understand that *SAAT* may result in certain side effects including: local bruising, slight bleeding, fainting, temporary pain and discomfort, and temporary aggravation of symptoms existing prior to treatment. Be aware that it may become necessary to seek conventional medical treatment if the site were to become infected. It is the client's responsibility to keep their ear dry and free from contaminants

### **Medical Referral**

I understand if there is a worsening of my ailment or condition or if a new ailment or condition arises, that I should consult a licensed physician. Aspire Health Options LLC does not recommend the discontinuation of any ongoing current medications or medical treatments without first speaking to your licensed physician or provider.

### **Infectious Disease/Clean Needle Procedures**

I understand that infectious diseases may be carried through the air, through physical contact, and through body fluids. I understand that *SAAT* practitioners follow the prescribed national standards of Universal Precautions to guard against the spread of infection through the use of sterilized/ prepackaged disposable single-use needles.

As Sher is not an acupuncturist, we work with a licensed acupuncturist. The licensed acupuncturist will be inserting Spinex needle(s) in locations on the ear determined by Sher. I understand that Sher and Aspire Health Options LLC are not responsible for any acts, omissions, and complications as a result of acupuncture performed by the licensed acupuncturist.

\_\_\_\_\_  
Name (Printed)

\_\_\_\_\_  
Client/Guardian Signature

\_\_\_\_\_  
Date